Mr. Bruce W. Rauner Governor of Illinois 207 State House Springfield, IL 62706

June 30, 2018

Dear Governor Rauner:

Tobacco use remains the single largest preventable cause of disease and premature death in the United States. In Illinois, smoking claims the lives of 18,300 residents each year.<sup>i</sup> There are 230,000 Illinois children who are alive now that will die prematurely due to smoking-related disease.<sup>ii</sup> The annual health care costs in Illinois directly caused by smoking are \$5.49 billion.<sup>iii</sup> Illinois can do better. We want to improve these numbers.

Increasing the sale age for tobacco products to 21, or Tobacco 21, is a promising intervention as a complimentary part of a comprehensive tobacco control strategy to reduce death and suffering from tobacco-related illnesses. Other important efforts include regular and significant tobacco tax increases, comprehensive smoke-free workplace laws, and fully funded tobacco cessation and prevention programs reduce youth initiation and help tobacco users quit.

National research shows that 95% of adult smokers start before they turn 21.<sup>iv</sup> This time period is when the brain is fully developing, including the parts responsible for decision making, impulse control, sensation seeking, and susceptibility to peer pressure.<sup>v</sup> Adolescents and young adults are therefore a critical population to target with evidenced-based, tobacco control strategies.

According to a March 2015 Institute of Medicine report- *Public Health Implications of Raising the Minimum Age of Legal Access to Tobacco Products*<sup>vi</sup>, raising the national minimum legal sale age to 21 is predicted to reduce smoking prevalence by about 12 percent and smoking-related deaths by nearly 10 percent for future generations.

The report authors predicted that raising the national minimum age of sale for tobacco products, including electronic cigarettes, will prevent tobacco use, reduce suffering and death from tobacco-related diseases and save lives among the next generation of Americans.

Increasing the sale age for tobacco products to 21 would be a significant step towards further reducing tobacco use in Illinois. Restricting youth and young adult access to tobacco products can be a critical component to a comprehensive strategy to reduce initiation and a lifelong addiction.<sup>vii</sup>

It is important to note that it takes more than just changing from 18 to 21 in existing statutes for the desired health benefits to be reached. An effective Tobacco 21 law will include all tobacco products, including electronic cigarettes, while not creating new categories of products. Finally, providing a comprehensive definition of "tobacco products" can aid in compliance and enforcement by clearly specifying exactly which products are included in the law.

Tobacco companies heavily target young adults ages 18 to 21 through a variety of marketing activities—sponsoring music and sporting events, bar promotions, college marketing programs, college scholarships and parties—because they know it is a critical time-period for solidifying tobacco addiction. Increasing the age for sale of tobacco products to 21 will help counter the tobacco industry's efforts to target young people at a critical time when many move from experimenting with tobacco to regular use. It will also help keep tobacco out of high schools, where younger teens often obtain tobacco products from older students.

As of June 2018, five states and over 300 localities nationwide have already passed laws to raise the minimum age of sale of tobacco products to 21. Communities in Illinois have passed their own tobacco 21 ordinances in Evanston, Chicago, Oak Park, Highland Park, Naperville, Deerfield, Maywood, Lincolnshire, Vernon Hills, Berwyn, Buffalo Grove, Unincorporated Lake County, Elk Grove Village, Mundelein, Riverwoods, Bolingbrook, Wilmette, Gurnee, Hopkins Park, Aurora, Washington, Glen Ellyn, Peoria, Hanover Park, Skokie, Wheaton, and Carol Stream. This represents over a third of the state that is covered by a local ordinance. It's time for all of Illinois to raise the age of sale for tobacco products to 21.

Tobacco 21 will make it harder for young adults and adolescents to access and become addicted to cigarettes and other tobacco products. This legislation is the next step of a comprehensive tobacco control strategy that will save lives and money. We urge your support.

## Sincerely,

Advocate BroMenn Medical Center Advocate Christ Medical Center Advocate Condell Medical Center Advocate Eureka Medical Center Advocate General & Vascular Surgery Advocate Good Samaritan Hospital Advocate Good Shepherd Hospital Advocate Health Care Advocate Illinois Masonic Medical Center Advocate Lutheran General Hospital Advocate Medical Group - Drever Advocate Sherman Hospital Advocate South Suburban Hospital Advocate Trinity Hospital (Non CoC Accredited Facility) Alliance for Health Equity American Academy of Pediatrics-Illinois American Cancer Society Cancer Action Network American Dental Hygienists Association-Illinois American Heart Association American Lung Association AMITA Adventist Cancer Institute AMITA Health Alexian Brothers Cancer Institute - Elk Grove Village

AMITA Health Alexian Brothers Cancer Institute - Hoffman Estates AMITA Health Cancer Institute - Hinsdale AMITA Health Cancer Institute - LaGrange Ann & Robert H. Lurie Children's Hospital of Chicago **Blessing Hospital** Carle Foundation Hospital Centegra Health System Centegra Hospital - Huntley Centegra Hospital - Woodstock Centegra Hospital-McHenry Community Cancer Center Chicago Hispanic Health Coalition Chicago Urban League DuPage Medical Group Edward Cancer Center Edward Hospital Edward-Elmhurst Health Elmhurst Hospital HSHS St. Anthony's Memorial Hospital HSHS St. Elizabeth's Hospital HSHS St. Joseph's Hospital Highland HSHS St. Joseph's Hospital Breese HSHS Holy Family Illinois Academy of Family Physicians

Illinois Association of Public Health Administrators Illinois CancerCare, P.C. Illinois Health & Hospital Association Illinois Public Health Association Illinois Public Interest Research Group (PIRG) Illinois State Medical Society Loyola Medicine MacNeal Hospital Mercy Hospital & Medical Center Mission: Readiness National Association of Hispanic Nurses-Illinois National Kidney Foundation of Illinois Northern Illinois Public Health Consortium, Inc. NorthShore Evanston Hospital NorthShore Glenbrook Hospital NorthShore Highland Park Hospital NorthShore University HealthSystem Northwest Community Healthcare Northwestern Grayslake Cancer Center Northwestern Lake Forest Hospital Northwestern Medicine Northwestern Medicine Central DuPage Hospital Northwestern Medicine Chicago Proton Center Northwestern Medicine Delnor Hospital Northwestern Medicine Kishwaukee Hospital Northwestern Medicine Kishwaukee Hospital Northwestern Medicine Valley West Hospital Northwestern Medicine Warrenville Cancer Center

Northwestern Memorial Hospital OSF HealthCare

https://www.tobaccofreekids.org/facts\_issues/toll\_us/illinois <sup>III</sup> Campaign for Tobacco-Free Kids. The Toll of Tobacco in Illinois. **OSF Holy Family Medical Center OSF Saint Anthony Medical Center OSF Saint Anthony's Health Center OSF Saint Elizabeth Medical Center OSF Saint Francis Medical Center** OSF Saint James-John W. Albrecht Medical Center **OSF Saint Joseph Medical Center OSF Saint Luke Medical Center OSF Saint Mary's Medical Center OSF Saint Paul Medical Center** Presence Health Presence Holy Family Presence Mercy Medical Center Presence Resurrection Medical Center Presence Saint Joseph Hospital Presence Saint Joseph Hospital - Elgin Presence Saints Mary and Elizabeth Medical Center Presence St Francis Hospital Presence St Joseph Hospital Presence St Mary's Hospital Presence United Samaritans Medical Center Respiratory Health Association Rush Silver Cross Hospital Swedish Covenant Hospital Unity Point Health University of Chicago Hospital University of Illinois Cancer Center Vista Cancer Center - Gurnee Vista Health System

<sup>&</sup>lt;sup>i</sup> Campaign for Tobacco-Free Kids. The Toll of Tobacco in Illinois. Updated October 6, 2017.

https://www.tobaccofreekids.org/facts\_issues/toll\_us/illinois " Campaign for Tobacco-Free Kids. The Toll of Tobacco in Illinois. Updated October 6, 2017.

Updated October 6, 2017. https://www.tobaccofreekids.org/facts\_issues/toll\_us/illinois

 <sup>&</sup>lt;sup>1</sup> United States Department of Health and Human Services.
<sup>1</sup> United States Department of Health and Human Services.
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<sup>&</sup>lt;sup>v</sup> U.S. Department of Health and Human Services. Prevention Tobacco Use Among Youth and Young Adults: A Report of the Surgeon General. Atlanta: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, Office on Smoking and Health, 2012.

<sup>&</sup>lt;sup>vi</sup>http://iom.nationalacademies.org/~/media/Files/Report%20Files /2015/TobaccoMinAge/tobacco\_minimum\_age\_report\_brief.pdf<sup>vii</sup> Guide to Community Preventive Services. Community mobilization with additional interventions to restrict minors' access to tobacco products.

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