

# Illinois Academy of Family Physicians CME Connections

August 2014

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## IAFP Quick Links

Education Website



## CME Twitter Page

Follow IAFP CME on Twitter at [IllinoisAFP\\_CME](#) for the latest information you need to know about all things education!



## Flu Vaccine Awareness Campaign Tools for Your Practice

With fall just around the corner, IAFP wants to remind you about our Flu Vaccine Awareness Campaign.

Thanks to a grant from the Illinois Department of Public Health (IDPH), you and your colleagues have a great tool to help educate your most at-risk patients about the critical importance of an annual flu vaccine.



First, educate yourself with the [Practice Guide: Influenza Vaccination for Primary Care](#). This CME program is worth 0.5 Prescribed Credits and covers CDC recommendations, types of vaccines available, anti-viral treatment, special consideration for chronic illnesses, and vaccination of health care personnel.

Second, get the tools for your practice. An Influenza Vaccine for Individuals with Diabetes Brochure, Influenza Vaccine for Individuals with Asthma Brochure, and Flu Vaccine Poster are all available for you to use in your practice. Fill out [the online form](#) to order materials for your practice.

Finally, IAFP has produced a 5-minute patient education video focusing on the importance of an annual flu vaccine for patients with asthma and/or diabetes. Visit the [IAFP YouTube Channel](#) to access this video for use in your waiting room, practice website, or social media channels.

## IAFP Annual Meeting

November 7-9, 2014

Key Lime Cover Water Park, Gurnee, IL

Come to the 2014 IAFP Annual Meeting for CME, SAMs workshops, Awards, and stay for the family fun! Attendees can earn up to 12.5 CME credits by attending a variety of CME sessions.



For more information, including a schedule of events, topic descriptions, and online registration, please visit the [Annual Meeting Web Page](#).

Full meeting details will be included with the September Print Issue of *Illinois Family Physician*.

## How to Pass Your Boards

Prepare to pass your ABFM Boards with comprehensive, evidence-based live course developed by and for family physicians.

## **AAFP Family Medicine Board Review Express™ Live Course in Chicago (Rosemont, IL)**

Attend a three-and-a-half day live course with your colleagues to review the evidence-based principles of family medicine and learn effective test-taking strategies. [Register today.](#)

As an AAFP Member, you can save big on Board Review resources from the AAFP.

### **BONUS OPPORTUNITY**

Stay for SAM Working Group sessions, [Coronary Artery Disease](#) on September 20 and [Childhood Illness](#) on September 21.

## **2014 Mini Needs Assessment Surveys**

### **Fill Out the Surveys to Win a Gift Card!**

The Illinois Academy of Family Physicians (IAFP), together with the Illinois Chapter of the American Academy of Pediatrics (ICAAP), and Illinois Critical Access Hospital Network (ICAHN) are requesting your assistance to develop educational programs on immunizations.



IAFP, ICCAP & ICAHN are designing materials to address the educational needs of primary care providers on the topic of HPV and Meningococcal immunizations and would like your input on what information you would like to learn more about. We are also interested in your practices regarding adolescent immunizations.

[Complete the Needs Assessment on HPV and Meningococcal Immunization today!](#)

## **IAFP Lunch and Learn Webinars**

*Join the IAFP on the last Thursday of each month for a free CME webinar! Grab some lunch and your office staff and log onto our FREE monthly webinar.*

### **Priority Updates from the Research Literature**

*Presented by:* Kate Rowland, MD, MS, Faculty, Advocate Illinois Masonic Family Medicine Residency, Clinical Assistant Professor, University of Chicago, Editor-in-Chief, Priority Updates from the Research Literature

**\*\*TOMORROW\*\*** August 28, 2014, 12:00-1:00pmCST

- Briefly describe what a PURL is and where they come from.
- Explain several examples of articles from the research literature and how they pertain to primary care practice.
- Describe the motivation to change practice based on new, valid research.

[Register Online](#)

## Concussion Management Updates - Best Practices in 2014

*Presented by:* Carrie A. Jaworski, MD, FAAFP, FACSM, Clinical Assistant Professor of Family Medicine, University of Chicago School of Medicine

*September 25, 2014, 12:00-1:00pmCST*

- Understand diagnosis of concussion and tools to assist evaluation in the office.
- Review of concussion management strategies on return to school.
- Review of concussion management strategies on return to sport.
- Discussion of case examples to highlight management techniques and pitfalls.

[Register Online](#)

## Immunizing Adolescents against Human Papillomavirus (HPV) and Meningococcal Disease: What You Need to Know

*Presented by:* Glenn Skow MD, MPH, Chief of Staff, Medical Director, Emergency Department, Fayette County Hospital

*October 30, 2014, 12:00-1:00pmCST*

- Understand the current guidelines for immunizing adolescents against HPV and meningococcal disease.
- Educate patients and their parents/guardians about the importance of immunization. Develop an office-wide strategy to improve the immunization rate with adolescent patients (e.g., patient recall and reminder systems, standing orders).

[Register Online](#)

## CO\*RE Offering FREE Webinars - ER/LA Opioid REMS

**Upcoming Webinars in 2014 (September 23, September 25, November 11, November 13)**

The State Academies of Family Medicine are pleased to invite you to attend a FREE webinar on Extended-Release/Long-Acting Opioids: Achieving Safe Use While Improving Patient Care. We have 4 webinars scheduled during the next several months – one of them should be perfect for your busy schedule.



**Collaborative for  
REMS Education**

These 90-minute webinars meet the FDA requirements for ER/LA opioid risk evaluation and mitigation strategies [REMS], and include a wide range of topics relevant to your practice and patients:

- Appropriate assessment, risk evaluation and use of the agents.
- Methods to initiate, modify, and discontinue use, including ongoing management strategies.
- Evidence-based tools for assessing adverse effects, plus patient and caregiver safety tips, including safe storage and disposal.
- Product specific information on each of the agents in this class.

The webinar includes the latest evidence-based information and practical

tools you will put immediately to use, and much more. A post-activity assessment will help you gauge your increase in knowledge and competency. Upon completion of the assessment and evaluation you will receive 1.5 AAFP Prescribed credits, and we will send you both the faculty slides and additional resources you can use to improve your care of patients.

For additional information, including registration links, [click here](#).

Questions? Contact Shelly Rodrigues at [srodrigues@familydocs.org](mailto:srodrigues@familydocs.org).

## Other Educational Opportunities

### **Ten Steps Forward - Building Momentum on the Baby-Friendly Pathway in Illinois**

Presented by the Illinois Chapter of the American Academy of Pediatrics  
*September 11, 2014, 8:30am - 4:00pm*  
Dove Conference Center, Prairie Heart Institute, St. John's Hospital - Springfield, IL

This conference is for anyone in Illinois who is working on, or interested in pursuing Baby-Friendly designation for their hospital, or who is interested in supporting Baby-Friendly in their community. Follow this link to go directly to the registration page: [www.tinyurl.com/TenStepsForwardIL](http://www.tinyurl.com/TenStepsForwardIL)

Thanks to funding from the Illinois Department of Public Health's We Choose Health Initiative, registration for this conference is only \$10 which is a fee to cover lunch and refreshments. A \$100 education stipend is available to a limited number of participants on a first-come, first-served basis, so please register quickly if you are interested in receiving a stipend. Please see the registration form for more information about eligibility for the stipend, a conference agenda and speaker information. At this time, we are asking organizations to limit registration to two representatives per organization.

Almost half of Illinois' maternity hospitals are in the Baby-Friendly pathway. This conference will serve as a valuable opportunity to gain resources, share strategies and learn more about implementing the Ten Steps to Baby-Friendly and to network with others in our state who are working on Baby-Friendly designation.

Presentation topics include: The Latest Updates about Baby-Friendly in Illinois, Strategies for physician engagement, Training staff on Baby-Friendly practices, Education and community support for breastfeeding, Skin-to-skin and rooming-in, and more!

### **EverThrive Illinois' Immunization Seminar**

*Wednesday, September 17, 2014, 8:30am - 12:00pm*  
Loretto Hospital - Chicago, IL

Join EverThrive Illinois' Immunization Initiative for our FREE biannual seminar on Wednesday, September 17, 2014! Presentation topics will cover MMR, school vaccination requirements, flu, immunization policy updates, and a presentation on our Cooking Matters Program.

The Fall Seminar will give you an opportunity to network with fellow health and social service professionals.

[Register Online](#) today.

Questions? Contact Kelly McKenna at [kmckenna@everthriveil.com](mailto:kmckenna@everthriveil.com) or 312.491.8161..

### **2014 ICAAP Annual Education Conference**

*September 19-20, 2014*

Hyatt Lisle - Lisle, IL

[Registration is now open](#) for the 2014 ICAAP Annual Educational Conference, scheduled for September 19-20 at the Hyatt Lisle in Lisle, IL. The [2014 agenda](#) includes keynote sessions such as Dr. Bradley Stolbach discussing his work in treating children and families who have experienced trauma and Dr. Niranjan Kamik discussing mental health in the general pediatric practice.

Other topics for breakout sessions include sleep disorders, perinatal depression, newborn screening update, management of type 2 diabetes, and more. For more information on the conference including hotel room rates, visit the [ICAAP website](#).

Additionally, the inaugural H. Garry Gardner Memorial Lecture will be held on Friday, September 19, 2014 from 6-8pm. Dr. Michael Hirsh from UMass Memorial Children's Medical Center will present "Injury Prevention and Kids: How Close are We to Worry Free?" Co-sponsored by the Illinois Academy of Family Physicians, the H. Garry Gardner Memorial Lecture is included with registration for the Annual Educational Conference.

Individuals may purchase tickets to the lecture and dinner separately for \$50. Questions? Please contact Dru O'Rourke at [dorourke@illinoisafp.com](mailto:dorourke@illinoisafp.com) or (312) 733-1026 x207.

### **The Core Content Review of Family Medicine**

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Questions? Comments? Contact Sara Ortega, Education & Accreditation Manager at [sortega@iafp.com](mailto:sortega@iafp.com).