

Illinois Academy of Family Physicians

CME Connections

October 2013

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Illinois WIC Launches the 'WIC to 5' Program

The Illinois Academy of Family Physicians (IAFP) is partnering with the Illinois Department of Human Services (IDHS) Special Supplemental Program for Women, Infants, and Children (Illinois WIC), and University of Illinois at Chicago, Department of Kinesiology and Nutrition (UIC-KN) to launch a program called "WIC to 5".

As many of you know, Illinois WIC is a nutrition program that provides supplemental food, nutrition education, and health care referrals to low-income pregnant, breastfeeding, and postpartum women, infants, and children up to the age of five. Half of all infants and one fourth of all children in the United States (US), aged 1 through 4 years, participate in WIC.

As the third largest food and nutrition assistance program, WIC's positive contribution to the health of participating infants and children has been well established. Yet despite these positive effects, many eligible children do not participant on the program. Similar to rates nationally, in Illinois an estimated 45% of WIC eligible children between the ages of 1 and 4 years never enroll or terminate participation prior to their first birthday.

The purpose of "WIC to 5" is to increase WIC participation and retention among eligible children in Illinois. The "WIC to 5" initiative will include a social marketing campaign, WIC staff training and outreach, and strategic partnerships with health care providers and child care providers, as well as other community partners that serve low-income women and children across the state. Currently, the program is being piloted with four WIC agencies including McLean County WIC, Vermilion County WIC, Macon County WIC, and Roseland Hospital WIC programs.

Health care professionals serve as key advocates for children's health. As part of "WIC to 5", we are working with the faculty at UIC-KN to understand providers' thoughts and perceptions about WIC.

We are asking IAFP members to complete a short 15-20 minute survey. The survey can be accessed via a survey monkey link at:

<https://www.surveymonkey.com/s/providerwicsurvey>. Your responses will help identify strategies to better serve WIC clients in Illinois. Family physicians throughout Illinois are being asked to participate. If you have questions about the survey, please contact Angela Odoms-Young, PhD by email at odmyoung@uic.edu or phone at 312-413-0797.

IAFP Annual Meeting

November 7-9, 2013, Hilton Hotel, Lisle, IL

The 2013 IAFP Annual meeting is chock-a-block with up to date CME Clinical Topics, a health insurance market place panel discussion, and more! This year, a total of five unique SAMs workshops are available

throughout the meeting. For more information, visit the [Annual Meeting web page](#).

*****The hotel block deadline is TOMORROW (Thursday, October 17th) with rooms starting at \$109/night. Call the Hilton Hotel Lisle/Naperville at 630.505.0900 for reservations. Be sure to mention the code CIAF.*****

[Online registration is open](#). Don't hesitate, secure your spot today!

IAFP Lunch and Learn Webinar

October Lunch and Learn Webinar - Understanding the Illinois Parental Notice of Abortion Act

Presented by: Debra Stulberg, MD, Assistant Professor, Department of Family Medicine, The University of Chicago and Lorie Chaiten, Director, Reproductive Rights Project, Roger Baldwin Foundation of the ACLU of IL
Thursday, October 31, 2013, 12:00-1:00pm CST

The Illinois Parental Notice of Abortion Act is due to go into effect August 15th. Now is time for family physicians in Illinois to understand what the law will mean for our patients.

[Register Online](#)

This webinar reached max capacity in August. Register today, so you won't miss your chance to hear about this important topic.

Other CME Opportunities

DSM-5: What You Need to Know

Presented by The Illinois Psychiatric Society
Saturday, November 9, 2013, 8:30am-3:00pm

James T. Dove Conference Center, Prairie Heart Institute at St. John's Hospital, Springfield, IL

Facilitated by: Jeffrey Bennett, MD

Don't miss this Master Workshop from the APA experts. The DSM is used nationally and internationally to provide standardized criteria for clinical and research use. Release of DSM-5 marks the first major revision to the classification and diagnostic criteria since DSM-IV was released in 1994.

Questions? Contact Kristen Malloy at (312) 224-2600 or kmalloy@ilpsych.org.

[Click here for the registration form](#)

4th Annual ABC Conference - Making Systems Work Across the Lifespan for Children with Special Needs

Co-Sponsored by: The Illinois Chapter - American Academy of Pediatrics &

The University of Chicago

Friday, November 22, 2013, 8:00am-4:30pm CST

Moraine Valley Business and Conference Center, Palos Hills, IL

Join over 100 pediatricians, family physicians, and other health care providers for a day of excellent educational content and networking with colleagues from across the state. For more information, see the [conference brochure](#).

For more information, contact Elise Groenewegen at egroenewegen@illinoisaap.com or (312) 733-1026, ext 204.

**2014 Iowa Academy of Family Physicians Winter CME CRUISE
Royal Caribbean Jewel of the Seas
January 25 - February 1, 2014**

As the leaves being changing color this fall, we are reminded that cooler temperatures and snow are just around the corner. Help cure the winter blues by joining the Iowa Academy of Family Physicians on the 2014 Winter CME Getaway aboard the Royal Caribbean Jewel of the Seas. We will set sail January 25 - February 1, 2014 from San Juan, Puerto Rico. The cruise will give you a chance to escape the harsh Midwest winter, enjoy beautiful ports, and receive quality CME.

Due to the nature of the meeting, we rely on our attendees to speak on various topics. The Iowa AFP offers a \$300 honorarium for each one hour presentation. [Click here for more information](#).

Questions? Comments? Contact Sara Gadberry, Education & Accreditation Manager at sgadberry@iafp.com.

