6TH ANNUAL

ABC (Autism, Behavior and Complex Medical Needs) Conference

A TRAUMA-INFORMED, INTERPROFESSIONAL APPROACH TO CARING FOR CHILDREN WITH SPECIAL NEEDS

Friday, November 20, 2015

Formal Program from 8:00 am—4:00 pm
Sign-in/registration and breakfast begin at 7:15 am

MORaine BUSINESS AND CONFERENCE CENTER
Building M, 9000 W College Parkway
Palos Hills, IL 60465

KEYNOTE PRESENTATIONS BY:
Audrey Soglin & David Soglin, MD, FAAP
Illinois Education Association & La Rabida Children’s Hospital
Juanona Brewster, MDiv, MTS, MJ
Illinois Chapter, American Academy of Pediatrics
Dipesh Navsaria, MPH, MSLIS, MD, FAAP
University of Wisconsin School of Medicine and Public Health

CO-SPONSORED BY:
ABOUT THE ABC CONFERENCES
The first ABC Conference in 2010 was organized by The University of Chicago, Illinois Chapter of the American Academy of Pediatrics, Almost Home Kids and the Illinois LEND (Leadership, Education in Neurodevelopmental Disabilities) program at the University of Illinois at Chicago. The first ABC Conferences focused on evidence-based and concrete strategies to address the struggles primary care providers and other health care providers encounter related to Autism, Behavioral Challenges and Complex Medical Needs (ABC). For the first time in 2014, the conference focus was expanded to bring together additional providers from primary care, specialty care, nursing, allied health fields, home visiting, child care and early education, Early Intervention, special education, and other fields.

ABC Conference participants can expect to learn about the broad landscape of services and programs that are available to support children with special needs from birth through childhood, and develop skills to make effective referrals and partner with other agencies and systems. Each track (A, B, and C) features sessions that converge with different systems, developmental services, medical interventions, and innovative partnerships that benefit children served across interprofessional groups. The keynote sessions address the overall theme of the conference. Since 2013, the ABC Conferences offer ample exhibit opportunity for non-profit and for-profit organizations to share resources and information about their services.

2015 marks the first year that an ABC SOUTH Conference was held to serve the professional development, networking, and support needs of child-serving professionals in downstate Illinois including Southern and Central Illinois regions.

ABOUT THE 6th ANNUAL ABC CONFERENCE
A TRAUMA-INFORMED, INTERPROFESSIONAL APPROACH TO CARING FOR CHILDREN WITH SPECIAL NEEDS
Trauma is a widespread, harmful, and costly public health problem. It occurs as a result of a wide range of emotionally harmful experiences. The need to address trauma is increasingly viewed as an important component of effective behavioral health service delivery, especially for children with special needs. Not only are children and youth with developmental disabilities more likely to be exposed to trauma, but exposure to trauma makes developmental delays more likely. With appropriate support, intervention, and resilience-building, people, both individually and also within the context of family and community, can surmount trauma and develop the skills to integrate the experiences such that they can move forward in life.

It is evident that addressing trauma requires a multi-pronged, multi-agency, interprofessional, public health approach inclusive of public education and awareness, prevention and early identification, and needs to incorporate effective trauma-specific assessment and wide ranging treatment resources. The 6th Annual ABC Conference will deliver valuable information on trauma, toxic stress, and resiliency-building in order to help providers from across many disciplines recognize and address trauma when caring for children and families with special healthcare needs.

LEARNING OBJECTIVES
At the conclusion of the conference, participants will be better able to:
1. Identify the impact of trauma and toxic stress on children with special health care needs within the context of working with a wide array of providers.
2. Apply a trauma-informed and interprofessional approach when serving children with special health care needs.
3. Integrate trauma-informed care coordination protocols when serving children with special health care needs.

TARGET AUDIENCE
The target audience is comprised of both primary care providers and their teams, including pediatricians, family physicians, nurse practitioners, physician assistants, residents, fellows, medical students, and allied health care professionals, as well as professionals from other settings including child care, early education, home visiting, and more. The conference seeks to enable providers to network across professional silos with those from other child-serving systems that also have a stake in the lives of children with autism, behavioral challenges, and complex medical needs, including those exposed to trauma.
ACCREDITATION AND CREDIT DESIGNATION STATEMENTS
CONTINUING MEDICAL EDUCATION
This activity is jointly sponsored by University of Illinois College of Medicine at Chicago and Illinois Chapter, American Academy of Pediatrics.

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of Illinois College of Medicine at Chicago and Illinois Chapter, American Academy of Pediatrics. The University of Illinois College of Medicine at Chicago is accredited by the ACCME to provide continuing medical education for physicians.

The University of Illinois College of Medicine at Chicago designates this live activity for a maximum of 6 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

GATEWAYS TO OPPORTUNITY REGISTRY VERIFICATION
This conference is Registry-verified by the Illinois Network of Child Care Resource and Referral Agencies (INCCRRA) Gateways to Opportunity Illinois Professional Development System. If you are an Illinois Registry member, please be sure to bring your Registry Member ID# to include on the session information form provided at the conference.

ILLINOIS EARLY INTERVENTION CREDITS
The following sessions have been approved for IL EI credits:

KEYNOTE ADDRESS
Improving Health and Education for At-Risk Youth through Interprofessional, Trauma-Informed Collaboration: 1 INT

BREAKOUT SESSION 1
A1- Building Resilience Through Literacy Promotion- 1 INT
B1- The Prescriptive Power of Play- 0.5 INT, 0.5 TYP
C1- Interprofessional Responses: Next Steps Toward Success- 1 INT

BREAKOUT SESSION 2
A2- Crisis Prevention Intervention (CPI) for Children with Autism and Other Special Needs: 1 INT
B2- Interprofessional Responses: Next Steps Toward Success: 1 INT
C2- What Every Special Needs Family Wishes Their Pediatrician Knew: 1 WWF

KEYNOTE ADDRESS
Building Trauma-Informed Systems through Organizational Change-1 INT

BREAKOUT SESSION 3
A3- Interprofessional Responses: Next Steps Toward Success-1 INT
B3- Speaking to the Brain: Interventions and Strategies for Working with Traumatized Youth-1 INT
C3- Sexual Abuse Prevention: Practicing Tough Conversations to Keep Kids Safe-1 WWF

KEYNOTE ADDRESS
Early Experiences Elevate Everything: Early Brain and Child Development and the Future of Society 0.5 WWF, 0.5 INT

OTHER
All (health) professionals will receive a Certificate of Participation within 6 weeks following the conference. For information on applicability and acceptance, please consult your own professional licensing board.

ACKNOWLEDGEMENTS
FINANCIAL SUPPORT
PROTECT: Promoting Resiliency of Trauma-Exposed Communities Together*
*This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant HRSA-13-177 “Early Childhood Comprehensive Systems: Building Health Through Integration.” This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.

SPONSORSHIP
Illinois Chapter, American Academy of Pediatrics
University of Illinois College of Medicine
EXHIBITORS

- Advocate Children’s Hospital
- Almost Home Kids
- Autism Home Support Services
- Chaddock
- CHOICES for Parents
- EB Pediatric Resources
- Excelerate Illinois
- Family Resource Center on Disabilities
- HealthCare Associates Credit Union
- Health PCP
- Illinois Chapter, American Academy of Pediatrics
- Illinois DocAssist
- Illinois Spina Bifida Association
- ISMIE Mutual Insurance Company
- Keshet
- Make-A-Wish Illinois
- Progenity
- Shriners Hospital for Children – Chicago
- Tobii Dynavox
- UIC Specialized Care for Children
- Western DuPage Special Recreation Association
- Quotient ADHD System by Pearson

ABC CONFERENCE FACULTY PLANNING COMMITTEE

ABC CONFERENCE CO-CHAIRS
Mark Butterly, MD, FAAP, Advocate Health Care
Marjorie Fujara, MD, FAAP, John H. Stroger, Jr. Hospital of Cook County

CME ACTIVITY DIRECTOR
Kruti Acharya, MD, FAAP, University of Illinois at Chicago

ABC CONFERENCE COMMITTEE
Russell Bonanno, MEd, The Autism Program of Illinois
Lauren Boyd, MD, FAAP, Loyola University Medical Center
Sara Parvinian, MD, FAAP, The Children’s Health Center
Karin Vander Ploeg Booth, MD, FAAP, University of Chicago

CONFERENCE LOCATION
Moraine Business and Conference Center (Building M)
9000 W College Parkway
Palos Hills, IL 60465

REGISTRATION
$250 – Non-member Physician (after September 30, 2015)
$175 – Member Physician (ICAAP/IAFP member, after September 30, 2015)
$75 – Allied Health Provider (Including PA, NP, RN, LCSW, PT, OT, SLP, Special Ed)
$50 – Community Service Provider (Including home visitors, child care, family case management, other community members as well as parents)
$50 – Residents and Students

REGISTER FOR THE CONFERENCE ONLINE AT http://icaap.memberlodge.org/event-1937500
OR COMPLETE AND SUBMIT THE ATTACHED REGISTRATION FORM BY FAX, EMAIL, OR MAIL

CANCELLATIONS
Cancellations received before November 6, 2015 will be honored less a $25 administrative fee. No cancellations will be accepted after November 6, 2015.

CONTACT
Elise Groenewegen, Manager, Child Development Initiatives
Illinois Chapter, American Academy of Pediatrics
groenewegen@illinoisaap.com
Tel: 312/733-1026 x 204
Fax: 312/733-1791
Website: http://illinoisaap.org/projects/abc/
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:15–8:00am</td>
<td>SIGN-IN/REGISTRATION AND BREAKFAST</td>
<td>Lobby/MR2</td>
</tr>
<tr>
<td>8:00–8:15am</td>
<td>WELCOME AND OPENING REMARKS</td>
<td>MR2</td>
</tr>
</tbody>
</table>
| 8:15–9:15am | **KEYNOTE ADDRESS:** The Southland Education and Health Initiative: Improving Health and Education for At-Risk Youth through Trauma-Informed, Interprofessional Collaboration  
Audrey Soglin & David Soglin, MD, FAAP  
Illinois Education Association and La Rabida Children’s Hospital | MR2        |
| 9:30–10:30am | **BREAKOUT SESSION 1:**                                            | MR1        |
| A | Building Resilience Through Literacy Promotion  
Nimmi Rajagopul, MD, UIC Mile Square Health Center | MR1        |
| B | The Prescriptive Power of Play  
Dayell Houzenga, CTRS, CPRP, Western DuPage Special Recreation Association | MR2        |
| C | Interprofessional Responses: Next Steps Toward Success  
Donna L. Baird, RN, MN, PhD, Tamzin Batteson, BSc & William Gordon, DMin  
DeWitt C. Baldwin Institute for Interprofessional Education at Rosalind Franklin University | MR3        |
| 10:45–11:45am | **BREAKOUT SESSION 2:**                                            | MR1        |
| A | Crisis Prevention Intervention (CPI) for Children with Autism and Other Special Needs  
Jennifer Gendel, Ed.D. and Jennifer Phillips, Keshet | MR1        |
| B | Interprofessional Responses: Next Steps Toward Success  
Donna L. Baird, RN, MN, PhD, Tamzin Batteson, BSc & William Gordon, DMin  
DeWitt C. Baldwin Institute for Interprofessional Education at Rosalind Franklin University | MR2        |
| C | What Every Special Needs Family Wishes Their Pediatrician Knew  
Marjorie Fujara, MD, FAAP, John H. Stroger, Jr. Hospital of Cook County | MR3        |
| 11:45–12:30pm | **LUNCH/ VISIT EXHIBITORS**                                          | MR2        |
| 12:30–1:30pm | **KEYNOTE ADDRESS:** Building Trauma-Informed Systems through Organizational Change: The Illinois PROTECT Initiative  
| 1:45–2:45pm | **BREAKOUT SESSION 3:**                                            | MR1        |
| A | Interprofessional Responses: Next Steps Toward Success  
Donna L. Baird, RN, MN, PhD, Tamzin Batteson, BSc & William Gordon, DMin  
DeWitt C. Baldwin Institute for Interprofessional Education at Rosalind Franklin University | MR1        |
| B | Speaking to the Brain: Interventions and Strategies for Working with Traumatized Youth  
Karen Doyle Buckwalter, MSW, LCSW, Chaddock | MR2        |
| C | Sexual Abuse Prevention: Practicing Tough Conversations to Keep Kids Safe  
Meg O’Rourke, MSW, LCSW and Susan Kahan, MA, LPC, Children’s Advocacy Center | MR3        |
| 3:00–4:00pm | **KEYNOTE ADDRESS:** Early Experiences Elevate Everything: Early Brain and Child Development and the Future of Society  
Dipesh Navsaria, MPH, MSLIS, MD, FAAP  
University of Wisconsin School of Medicine and Public Health | MR2        |
| 4:00–4:15pm | **CLOSING REMARKS**                                                 | MR2        |
SESSION DESCRIPTIONS

KEYNOTE SESSIONS

MORNING
The Southland Education and Health Initiative: Improving Health and Education for At-Risk Youth through Trauma-Informed, Interprofessional Collaboration
Audrey Soglin, Illinois Education Association & David Soglin, MD, FAAP, La Rabida Children’s Hospital
The Southland Education and Health Initiative is a collaboration of the Illinois Chapter of the American Academy of Pediatrics, the Illinois Education Association, the Cook County Health and Hospitals System, the Consortium for Educational Change, Governors State University’s Teacher Quality Partnership and three south suburban school districts: Calumet District 132, Dolton – Riverdale District 148, and Ford Heights District 169. This session will share information and insights on this work and how schools, teachers, health care organizations and practitioners are attempting to improve the health and educational outcomes for at-risk youth through collaboration.

NOON
Building Trauma-Informed Systems through Organizational Change: the Illinois PROTECT Initiative
Juanona Brewster, MDiv, MTS, MJ, Illinois Chapter, American Academy of Pediatrics
This session will share the current results of conversations and decisions made by the PROTECT initiative: Promoting Resiliency of Trauma-Exposed Communities Together, an ever-expanding collective of private and public organizations and service systems, including Early Intervention, home visiting programs, and child care programs that serve children 0-3. The session will offer strategies for developing a trauma-informed approach across and between systems using 6 key principles and 10 implementation domains.

AFTERNOON
Early Experiences Elevate Everything: Early Brain and Child Development and the Future of Society
Dipesh Navsaria, MPH, MSLIS, MD, FAAP, University of Wisconsin School of Medicine and Public Health
Dr. Navsaria will discuss the critical importance of the first thousand days of life and the key role human relationships and interactions play in that time period. The concepts of toxic stress and how early adversity leads to lifelong issues will be reviewed, with practical examples and discussion of research which highlights these areas. Broad policy and programmatic principles that may help address the issue will also be discussed, providing a practical framework for those who work with children and families.

A (AUTISM) TRACK SESSIONS

A1: Building Resilience Through Literacy Promotion
Nimmi Rajagopol, MD, Mile Square Health Center
Literacy acquisition (language and math) is both a cognitive process and involves a fine-tuned balance of linguistic, psychological, and social factors. These factors rely profoundly on the attachment formed with important people in a child’s immediate environment. For infants and children with diagnosed developmental disabilities, the process of acquiring early language and literacy skills may be difficult and slow because of atypical social/emotional development, attachment issues and parent/child interactions limited sensory and/or cognitive skills etc. Promoting literacy elicits from parents a real recognition that you as their child’s provider are expressing not only your belief in their child’s potential but also your belief in the parents’ potential as their child’s teacher.

A2: Crisis Prevention Intervention (CPI) for Children with Autism and Other Special Needs
Jennifer Gendel, Ed.D. and Jennifer Phillips, Keshet
Crisis Prevention Intervention (CPI) is a standard-setting resource for organizations that serve students with autism and other special needs. Since 1980, over 10 million human service professionals around the world have participated in CPI training programs to learn proven strategies for safely resolving situation when confronted by anxious, hostile, or violent behavior, while protecting the therapeutic relationships with those in their care. The proven model of staff training will be discussed and key components of the training will be taught in this session.
B (BEHAVIORAL CHALLENGES) TRACK SESSIONS

B1: The Prescriptive Power of Play
Dayell Houzenga, CTRS, CPRP, Western DuPage Special Recreation Association
This presentation will focus on the benefits of play, and how it can relate to young children undergoing medical experiences. We will touch on the ways play can assist children to transcend traumas, deal with the stress and overcome challenges. This session will include an overview of the Lekotek therapeutic play model that serves children with special needs ages 0-8 years old, and explore the potential for the prescriptive use of toys and play.

B2: Interprofessional Responses: Next Steps Toward Success
Donna L. Baird, RN, MN, PhD, Tamzin Batteson, BSc & William Gordon, DMin
DeWitt C. Baldwin Institute for Interprofessional Education at Rosalind Franklin University
In this session, work with small groups to develop action steps that lead toward better care for our children. A team from the Baldwin Institute for Interprofessional Education will facilitate an exploration and conversation about what we can do to create interprofessional best practices.

B3 Speaking to the Brain: Interventions and Strategies for Working with Traumatized Youth
Karen Doyle Buckwalter, MSW, LCSW, Chaddock
This workshop will provide an overview of Chaddock’s Developmental Trauma and Attachment Program (DTAP). This unique Attachment-Based and Trauma Informed program has served children from 29 states and one Tribal Nation as well as children adopted from 17 different countries. The vast majority of these children have been unsuccessful in other programs. Aspects of the DTAP program pertaining to both treatment and behavior management and replicable in other settings will be shared.

C (COMPLEX MEDICAL NEEDS) TRACK SESSIONS

C1: Interprofessional Responses: Next Steps Toward Success
Donna L. Baird, RN, MN, PhD, Tamzin Batteson, BSc & William Gordon, DMin
DeWitt C. Baldwin Institute for Interprofessional Education at Rosalind Franklin University
In this session, work with small groups to develop action steps that lead toward better care for our children. A team from the Baldwin Institute for Interprofessional Education will facilitate an exploration and conversation about what we can do to create interprofessional best practices.

C2: What Every Special Needs Family Wishes Their Pediatrician Knew
Marjorie Fujara, MD, FAAP, John H. Stroger, Jr. Hospital of Cook County
Come hear about the valuable and humbling lessons learned by a Child Abuse pediatrician as she navigates the medical, educational, and therapeutic systems on behalf of her own son with special needs. Learn efficient strategies for supporting families in a brief office visit. Be prepared to be inspired to unleash the power of your voice to advocate on behalf of all children with special needs, both great and small.

C3: Sexual Abuse Prevention: Practicing Tough Conversations to Keep Kids Safe
Meg O’Rourke, MSW, LCSW and Susan Kahan, MA, LPC, Children’s Advocacy Center
The presentation provides a positive and proactive approach to safety and sexual abuse prevention strategies regarding children with disabilities. This presentation also includes interactive elements that allow parents and providers the opportunity to discuss challenging situations and practice “tough conversations.” The workshop will include interactive activities for parents and providers, as well as information on printed, modifiable (visual supports) and on-line resources.
**REGISTRATION FORM**

Register for the conference online at [www.icaap.memberlodge.org/events](http://www.icaap.memberlodge.org/events)
or complete and submit the attached registration form by fax, email, or mail

6th Annual ABC (Autism, Behavior, Complex Medical Needs) Conference
A Trauma-Informed, Interprofessional Approach to Caring for Children with Special Needs

**YOUR INFORMATION**
*Please include this information as you want it to appear on your conference badge, e.g.*

<table>
<thead>
<tr>
<th>First and Last Name</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Credential(s)</td>
<td></td>
</tr>
<tr>
<td>Practice/Organization</td>
<td></td>
</tr>
</tbody>
</table>

**PROFESSIONAL INFORMATION**

<table>
<thead>
<tr>
<th>Job title/Position</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Office address</td>
<td></td>
</tr>
<tr>
<td>Contact Phone</td>
<td></td>
</tr>
<tr>
<td>Contact Email</td>
<td></td>
</tr>
</tbody>
</table>

**EVENT INFORMATION**

<table>
<thead>
<tr>
<th>Breakout Session 1 (A, B or C)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Breakout Session 2 (A, B or C)</td>
<td></td>
</tr>
<tr>
<td>Breakout Session 3 (A, B or C)</td>
<td></td>
</tr>
<tr>
<td>Do you require vegetarian meals? (Y or N)</td>
<td></td>
</tr>
<tr>
<td>Do you require handicap accommodations? (Y or N)</td>
<td></td>
</tr>
</tbody>
</table>
PAYMENT AUTHORIZATION FORM

6th Annual ABC Conference:
☐ Early Bird Physician: $125.00
   ICAAP/IAFP members and non-members, available through September 30, 2015
☐ Member Physician: $175.00
   ICAAP/IAFP member
☐ Non-member Physician: $250.00
   To learn more about becoming a member of ICAAP, contact info@illinoisaap.com
☐ Allied Health Provider: $75.00
   Including PA, NP, RN, LCSW, PT, OT, SLP, Special Ed
☐ Community Service Provider $50.00
   Including home visitors, child care providers, family case management, other community members as well as parents
☐ Residents and Students $50.00

I will pay by:
☐ Credit Card

Please complete information in its entirety below. Please give this to ICAAP staff member, fax to 312/733-1791, email to Elise Groenewegen at egroenewegen@illinoisaap.com or mail to ICAAP, 1400 W Hubbard, Suite 100, Chicago, IL 60642.

☐ Check

Checks can be made payable to Illinois Chapter, American Academy of Pediatrics and sent to ICAAP, 1400 W Hubbard, Suite 100, Chicago, IL 60642. Payment must be received by November 6, 2015

☐ Please contact me by phone to settle payment   Phone number: __________________________

Card Holder Name: ____________________________________________________________
Billing Address: _______________________________________________________________
City: _____________________________ State: __________ Zip: __________
Phone: ___________________________ E-mail: ________________________________
Card # ___ ___ ___ ___ ___ ___ ___ ___ ___ ___ ___ ___ ___ ___ ___ ___ ___ ___
Exp. Date____ ___ / ____ ____        Security CVV2 Code ______ ______ (____)
(for Amex)

I am the authorized user of the credit card number listed above. I agree to pay the above total amount according to the card issuer agreement.

Card Holders Name: ___________________________________________________________
Card Holders Signature: _______________________________________________________