

DIABETES PREVENTION PROGRAM WEBINAR SERIES



ILLINOIS ACADEMY OF
FAMILY PHYSICIANS

5-part webinar series to help you learn more about the National Diabetes Prevention Program and how prediabetes behavioral interventions can transform your advice into meaningful and lasting lifestyle change for your patients.

Tuesday April 27, 2021 from 12pm CT

The Power of Family Medicine to Advance Diabetes Prevention

Presented by Angela M. Forfia, MA, Senior Manager of Prevention, Association of Diabetes Care & Education Specialists

Illinois family physicians are already screening for prediabetes and advising patients to eat healthy, get active, and manage stress to prevent type 2 diabetes. Although risk counseling is a great place to start, most people with prediabetes need intensive behavioral interventions to transform your advice into meaningful and lasting lifestyle change. The National Diabetes Prevention Program (National DPP) is an evidence-based lifestyle intervention designed to prevent the delay or onset of type 2 diabetes through modest weight loss and increased physical activity. In this webinar, you'll learn more about the National DPP, opportunities for Illinoisans with prediabetes to join CDC-recognized lifestyle change programs, and how to make quality referrals into diabetes prevention.

Wednesday April 28, 2021 from 12:15pm -12:45 pm CT

Screening, Testing and Referral: How to Help Your Patients Access a Diabetes Prevention Program

Presented by Deborah Redd RN CDCES, Program Coordinator, Illinois Valley Diabetes Center for Excellence

Thursday April 29, 2021 from 12:15pm -12:45 pm CT

Availability of Diabetes Prevention Programs

Presented by Mary Carol MacDonald, MPH, RDN, LDN, Manager, Diabetes Services, AMITA Health Saint Joseph Hospital – Elgin

Tuesday May 4, 2021 from 12:15pm -12:45 pm CT

Prediabetes: Awareness

Presented by Carol Waggoner BSN, RN, CDCES, Public Health Nurse/Health Educator, McHenry County Department of Health

Wednesday May 5, 2021 from 12:00 – 1:00 pm CT

Diabetes Prevention Program Best Practices Panel

Moderated by Angela M. Forfia, MA, Senior Manager of Prevention, Association of Diabetes Care & Education Specialists. Panelists: Mary Carol MacDonald, MPH, RDN, LDN, Deborah Redd RN CDCES, & Carol Waggoner BSN, RN, CDCES.

For more information & to register for free visit www.iafp.com

The Illinois Academy of Family Physicians (IAFP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Funding provided by a grant from the Illinois Department of Public Health and Centers for Disease Control and Prevention, Improving the Health of Illinoisans through Prevention and Management of Diabetes, Heart Disease and Stroke (DP18-1815).

