2019 Conference Schedule
NIU Conference Center, Naperville, Il
November 8 -10, 2019

Thursday November 7, 2019
6:00 – 8:30pm   FMM Board Meeting (offsite)

Friday November 8, 2019
8:30 am – 6:30pm  Registration         Atrium
8:30 am          Speaker ready room / open room   Rm 251 A
8:30 am – 11am    Continental Breakfast      Atrium
8:30 am          Conference exhibits open       Atrium

9:00 – 10:30 am  Welcome Workshops (3 concurrent sessions)
Rm 101a          Women in Leadership Discuss Sexual Harassment (1 hr. – breaks at 10am)
RM 101b          Family Medicine and Behavioral Health
RM 101c          Top 10 Things to Know in Sports Medicine for the Primary Care Physician

10:30 – 10:45 am  Break w/ exhibitors      Atrium
10:30 – 12:00 pm  Welcome Workshop
RM 101a          Health Equity Advances in Health Systems and Residency Curricula (1.75hrs)

10:45 – 12:00 pm  Welcome Workshops continue
Rm 101b          Family Medicine and Behavioral Health
Rm 101c          Top 10 Things to Know in Sports Medicine for the Primary Care Physician

12:00 – 1:00 pm  FMM kickoff meeting lunch
Rm 105

12:00 – 1:00 pm  Lunch on your own

1:00 – 2:15 pm    Plenary - Addressing Food Insecurity [and Other Social Determinants] is Our Medical Responsibility
Auditorium        Evelyn Figueroa, MD, Professor, UIC Department of Family & Community Medicine; Program Director, UIC Family Medicine Residency, Director, UI Health Pilsen Food Pantry

2:15 – 2:30 pm    Break with exhibitors
Atrium

2:30 – 3:30 pm    Educational sessions (4 concurrent sessions)
Auditorium        Networking for Physician Wellness
Rm 101a           Teaching & Healing in Obesity Medicine
Rm 101b           Advancing Patient Safety in our Clinical and Teaching Practice
Rm 101c           The Health Equity Curricular Toolkit: A Novel Resource for Health Educators

3:30 – 4:15 pm    Break with exhibitors         Atrium
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3:45 – 4:15 pm  Poster session I (Physician/Other posters) Rm 105

POS1  Implementing Counseling on Early Peanut Introduction Oshman, U of C - Northshore, IL
POS2  POINT OF CARE ULTRASOUND FOR ABDOMINAL AORTIC ANEURYSM SCREENING: How good are we? Hoffmann, SIU SOM, IL
POS3  The Role of Physical Therapy in a Primary Care Setting Steinkamp, UW Madison, WI
POS4  Interdisciplinary Collaboration at the Residency: A Resident a Doctor of Nursing Practice Student Scholarly Project Pine, U of Minn, MN
POS5  Family Medicine Resident Perceptions of Patient's with Substance Abuse Disorders Cadick, Union Hospital, IN
POS6  A Feasibility Study: Effects of an Online Continuation Program for a Community-based Fall Prevention Program Wenker, UW Madison, WI
POS7  Introduction of longitudinal teams to teach quality improvement in a family medicine residency patient centered medical home. Shockley, Community Health Network, IN
POS8  What do we mean by “in control” for federally qualified health centers hypertension patients? Mueller-Luckley, SIU SOM, IL
POS9  Madaling Lapitan si Doc: A Case Study in Primary Care Workforce Capacity-Building in the Philippines Palma, Cook County Health, IL
POS10 SIU Medicine, Quincy’s wellbeing program Melon, SIU, IL
POS11 Small Bowel Hemangioma: A Case Report Kulshrestha, Mount Sinai, IL
POS12 Rapidly progressive hearing loss as a presentation of varicella zoster meningitis in an immunocompromised patient Miller, UICOM – Peoria, IL

4:20 – 5:20 pm  Educational sessions (4 concurrent sessions) Rms Rm 101a, Rm 101b, Rm 101c & auditorium

Auditorium  Teaching Inclusively: Creating Safe and Welcoming Learning Environments in Medicine Thomas Hahn, MD, University of Wisconsin-Madison, Wisconsin
Rm 101a  New Hope in Migraine Management & Prevention Susan M. Rubin, MD, NorthShore University HealthSystem, Illinois
Rm 101b  Community Health Workers in Family Medicine: Lessons Learned in 85 Years of Practice Steven K. Rothschild, MD, DABFP, Rush Medical College, Illinois
Rm 101c  You Cannot Meditate Your Way to Wellness: Organizational Strategies to Promote a Well Workforce Ari Pence, MD, Northwestern Family Medicine Residency, Illinois

5:30 – 7:30pm  Welcome reception Sponsored by HACU Atrium
Saturday November 9, 2019

7:30 am – 3 pm  Registration   Atrium
7:30 am  Speaker ready room / open room   Rm 251 A
7:30 am  Conference exhibits open   Atrium
7:30 – 11 am  Continental breakfast   Atrium

8:00 – 8:55 am  Plenary - Innovating Towards Inclusiveness, Diversity and Health Equity   Auditorium
Jennifer Edgoose, MD, MPH, University of Wisconsin Department of Family Medicine and Community Health

8:00 – 3:00 pm  Residency fair set up   Ballroom

9:05 am – 10:05 am  Education sessions (6 concurrent sessions)
Rm 162  “Did my attending just say that?” How to spot and tactfully handle racism, sexism, and other forms of discrimination within the healthcare setting
Michelle Byrne MD MPH, Northwestern/McGaw Family Medicine Program in Humboldt Park, Illinois
Rm 164  Reflections on End of Life Values: thought provoking planning for yourselves and patients
Janice L Benson, MD, Univ of Chicago (NorthShore), Illinois
Rm 166  Plant-Based Nutrition
Ashwani Garg, MD, Northshore/Pritzker, Illinois
Rm 167  Empowerment through Advocacy
Gordana Krkic, CAE, IL Academy of Family Physicians, Illinois
Rm 260  Social Media 101 Choose Wisely (30 minutes)
Ginnie Flynn IL AFP, Illinois
AND
Getting Involved in Media Matters (30 minutes)
Ginnie Flynn, IL AFP, Illinois
Rm 261  Putting your best foot forward on the interview trail: Mastering Behavioral Interviewing strategies for residency and job interviews
Zach Merten MD, Mayo Clinic Family Medicine Residency in Eau Claire, Wisconsin

10:10 am – 11:10 am  Education sessions (6 concurrent sessions)
Rm 162  Empowering Family Physicians to Eliminate Racial Disparities in Maternal Health: A Community-Based Approach
Kristina Dakis, MD, University of Illinois College of Medicine at Peoria, Illinois
Rm 164  Salud Sin Papeles: Organizing Around Immigrant Health
Yanina Guevara, BA, Rosalind Franklin University of Medicine and Science, Illinois
AND
Sanctuary Doctoring: Assisting Health Professionals in the Care of Patients who May Be Undocumented or Suffering Stresses Related to Immigration Status
Amy Blair, MD Loyola University Chicago Stritch School of Medicine, Family Medicine Illinois
Rm 166  Building Community Connections with Family Medicine: An Introduction to a Design Thinking Approach
Jillian Boroniec, MD, RUSH Medical College. Illinois
Rm 167  How to take the next step towards providing medication assisted treatment for substance use disorders at your clinic / program
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Jonathan Dickman, MD, PhD, Minnesota
Rm 260
Innovations in scribing: human and virtual
Sachin N. Dixit, MD, FAAFP, Advocate Medical Group, Illinois
Rm 261
Innovative Ideas
Kate Rowland, MD

11:00 - 11:55 am Lunch for students Dining room 161 a/b

11:20 – 11:50am Education sessions (6 concurrent sessions)
Rm 166
Implementation of a Social Justice Curriculum in Family Medicine Programs
Rm 167
Team approach to improve obesity treatment in patients from poor socioeconomic status.
Megha Manek, MD, FAAFP, SIU SOM, Illinois
Rm 260
“Time’s Up”: Family Medicine in the Midwest Stands Up against Sexual Harassment!
Janice L Benson, MD, Illinois
Rm 261
Change for Curmudgeons and Others Wary of Upheaval
Kate Rowland, MD, MS Rush, Illinois
Rm 162
Implementing and Evaluating a Team-based Complexity Care Model
Wesley Gibbert, MD, MPH, Northwestern Family Medicine Residency, Illinois
Rm 164
Residency Collaboration as a Super Power
Cynthia Y. Ohata, MD, Advocate Christ Family Medicine Residency, Illinois

11:50 am  – 12:30 pm Break with exhibitors Atrium

12:00 pm -12:30 pm Poster Session II ( Resident posters) Rm 105
POS13
Cook County medical examiner and CCH health care utilization data inform strategies to prevent opioid overdose
Raspanti, Cook County Health, IL
POS14
Improving Osteoporosis Screening Rates in a Family Medicine Residency Clinic
Wynne, Medical College of Wisconsin, WI
POS15
Medicare Annual Wellness Visits: What’s the point?
Brodzik, AMITA Sts. Mary & Elizabeth, IL
POS16
Evaluation of the maternal and neonatal risks and benefits associated with immersion in water during the second stage of labor and delivery (“water birth”) Kamps-Schmidt, Gundersen Health System, WI
POS17
Using brief educational counseling to increase Influenza immunization rates during in-office encounters
Jiwan, SIU Decatur, IL
POS18
Diabetes Self-Management Education for Hispanic Patients at an Urban Safety Net Clinic Abioye, Cook County Health, IL
POS19
Preventive screening deficiencies: an attempt to bridge the gap amongst residents and EMR as pertains to cervical cancer screening.
Valji, SIU Decatur, IL
POS20
EKG for primary care
Avendano, SMEMC, IL
POS21
A Collaborative Multidisciplinary Approach to Caring for Medically Complex At-Risk Patients [Hot spotting]: The ease and effects of implementing.
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<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>12:00 – 1:00 pm</td>
<td><strong>Student Plenary - Med Like Us: Our Twin Tale of Success</strong> and Bringing Others Up with Us</td>
<td>Auditorium</td>
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<tr>
<td>12:00– 1:30 pm</td>
<td><strong>Lunch for attendees</strong></td>
<td>Dining Room 161 a/b</td>
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<tr>
<td>1:30pm – 2:30pm</td>
<td><strong>Resident Plenary - Managing and Mastering Your Student Loans</strong></td>
<td>Auditorium</td>
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<tr>
<td>1:30 – 2:00 pm</td>
<td><strong>Education sessions (6 concurrent sessions)</strong></td>
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<tr>
<td>Rm 166</td>
<td>&quot;Doc, I'm in jail!&quot; - Continuity of care for the incarcerated patient</td>
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<td>Roderick L. Matticks, MD, MPH, CCHP, Wexford Health Sources, Inc. Illinois</td>
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<tr>
<td>Rm 167</td>
<td>Transitioning Interdisciplinary Education into Practice: Pharmacist/Physician Co-Appointments in a Family Medicine Clinic</td>
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<td>Bryan Zobeck, Pharm.D., BCPS, Doctor of Pharmacy (Pharm.D.) Degree&quot; University of Illinois Chicago College of Pharmacy at Rockford, Illinois</td>
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<td>Rm 260</td>
<td>LGBT Healthcare</td>
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<td>Layne Phillips, DO, Adventist Lagrange Memorial Hospital, Illinois</td>
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<tr>
<td>Rm 261</td>
<td>Alcohol and Other Drug Abuse Needs Assessment in Rural Communities: An example from Central Wisconsin</td>
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<td>Christopher Grant/M2 Medical College of Wisconsin - Central Wisconsin</td>
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<td>Rm 162</td>
<td>Gun Violence Prevention in Family Practice</td>
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<td>Saad Siddiqui, MS3, Loyola University Chicago, Illinois</td>
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<tr>
<td>Rm 164</td>
<td>#YouKnowMe: How I've Integrated Abortion Care into My Practice</td>
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<td>Kristie Monast, MS Ed Midwest Access Project Illinois</td>
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<tr>
<td>2:05 -3:00 pm</td>
<td><strong>Education sessions (6 concurrent sessions)</strong></td>
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<tr>
<td>Rm 166</td>
<td>Scoliosis Screening and Updates in Care</td>
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<td>David Roberts, M.D., NorthShore University HealthSystem, Illinois</td>
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<tr>
<td>Rm 167</td>
<td>Expanding Care for Early Pregnancy Loss in Family Medicine Settings: The Miscarriage Care Initiative</td>
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<td>Casandra Cashman, MD, FAAFP Assistant Director Community East Family Medicine Residency, Indiana</td>
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<tr>
<td>Rm 260</td>
<td>Frequently Asked Questions that That Residency Faculty Can Answer from International Medical Grad</td>
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<td>Kate Rowland, MD, MS , Illinois</td>
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<tr>
<td>Rm 261</td>
<td>Empowering Clinicians-In-Training to Empower Patients: Addressing Intimate Partner Violence</td>
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**Beginner Workshop**  
Nicole Paprocki, DO, Northwestern Family Medicine Residency-Humboldt Park, Illinois

*Rm 162*  
**Providing and Requesting ACTive Feedback**  
Will Lehmann, MD, MPH, Aurora Health Care- part of Advocate Aurora Health, Wisconsin

*Rm 164*  
**Engaging Kinky Patients**  
Landi Cranstoun, MD, CHI/St. Joseph's, Kentucky

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<tr>
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<tbody>
<tr>
<td>2:30 – 3:00 pm</td>
<td>Break with exhibitors</td>
<td>Atrium</td>
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<tr>
<td>3:00 – 5:00 pm</td>
<td>Residency Fair</td>
<td>Ballroom</td>
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<tr>
<td>4:30 – 5:30 pm</td>
<td>ADFM Chairs Meeting</td>
<td>Rm 162</td>
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<tr>
<td>5:15 - 6:15pm</td>
<td>Residency Directors Meeting</td>
<td>Rm 164</td>
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**Sunday November 10, 2019**

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<tr>
<th>Time</th>
<th>Event/Activity</th>
<th>Location</th>
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<tbody>
<tr>
<td>6:30 am</td>
<td>Fun Run/Walk (weather permitting)</td>
<td>Meet at Hampton Inn lobby</td>
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<tr>
<td>7:30 am – 10am</td>
<td>Registration</td>
<td>Atrium</td>
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<tr>
<td>7:30 am</td>
<td>Speaker ready room / open room</td>
<td>Rm 251 A</td>
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<tr>
<td>7:30 am</td>
<td>Conference exhibits open</td>
<td>Atrium</td>
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<tr>
<td>7:30 – 9am</td>
<td>Continental breakfast (till 9am)</td>
<td>Atrium</td>
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<tr>
<td>10am – 12pm</td>
<td>Scholarship check pick up</td>
<td>Registration desk</td>
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<th>Event/Activity</th>
<th>Location</th>
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<tr>
<td>8:00 - 9:15 am</td>
<td>15-minute presentations (4 concurrent sessions)</td>
<td>Rm 260</td>
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<tr>
<td>8:00 – 8:15</td>
<td>Testicular pain: Navigating between Epididymo-orchitis, hydroceles, testicular torsion</td>
<td>Rm 260</td>
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<tr>
<td>8:20 – 8:35</td>
<td>Idiopathic Granulomatous Mastitis: A Rare and Worrisome Patient Presentation</td>
<td>Rm 260</td>
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<tr>
<td>9:00 – 9:15</td>
<td>Conversation with families about Alzheimer's disease</td>
<td>Rm 260</td>
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<td>Learning from Patients</td>
<td>Rm 260</td>
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**Presentation of Scholarship**  
*Rm 261*  
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<tr>
<th>Time</th>
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<th>Location</th>
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<tbody>
<tr>
<td>8:00 – 8:15</td>
<td>Wait Time Reduction Strategies in an Inner City, Resident Led Community Care Clinic Rabia N. Malik, MD, SMEMC, Illinois</td>
<td>Rm 261</td>
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<tr>
<td>8:20 – 8:35</td>
<td>Factors influencing Implementation of Lipid Screening in Pediatric Patients</td>
<td>Rm 261</td>
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<tr>
<td>8:40 – 8:55</td>
<td>A Longitudinal Quality Improvement Curriculum in a Family Medicine Residency Collaborating with Undergraduate Students</td>
<td>Rm 261</td>
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<tr>
<td>9:00 – 9:15</td>
<td>Effect of Individual Socioeconomic Status on Diabetic Outcomes within a Patient Centered Medical Home Practice</td>
<td>Rm 261</td>
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Katie Zurek, MD, PGY-3 Mayo Clinic, Minnesota
Presentation of Scholarship

RM 266

8:00 – 8:15  The Relationship Between Eviction and Health Outcomes in Urban Illinois
Corey Hazekamp/MS, University of Illinois College of Medicine in Rockford, Illinois

8:20 – 8:35  How comfortable are family medicine residents in prescribing FDA approved weight loss medications?
Sean Wilen, MD. PGY2, Indiana University School of medicine, Indiana

8:40 – 8:55  Home-based, geriatric focused care in the 21st century
Shravya Budidi, DO, Advocate Lutheran General Hospital, Illinois

9:00 – 9:15  Diabetes: Educating Residents on Patient Education of Chronic Disease Management
Terri Lynn Philpott, Indiana University, Indiana

9:15 – 9:30 am  Break with exhibitors  Atrium

9:30 – 10:00 am  Poster Session III (student posters)  Rm 105

POS25  Failure of Normalization of Blood Lactate is an Indicator of Mortality in Septic Shock
Annalyse Kohley/BA, University of Illinois College of Medicine - Rockford Surgery, Illinois

POS26  Prevention is Possible
Alicia Johnson, MS4/BA University of Minnesota Rural Physician Associate Program, Minnesota

POS27  Impact of Patient Opioid Agreements in Spinal Surgery
Brenden J Herrod, BS chemical engineering, MD Candidate, 2020, Medical College of Wisconsin, Pathways, Wisconsin

POS28  Youth Mental Health First Aid Training: Value to Medical Students vs. Community Members
Laura Hurley, BA, Rush University Medical Center, Rush Medical College Illinois

POS29  Assessment of UI Health Pilsen Food Pantry
Carla Pinto, MBBS, MPH UIUC School of Public Health, University of Illinois at Chicago, Illinois

POS30  Provider Perspectives of Post-Acute Care Transitions in Critical Access Hospitals for a Rural Aging Population
Nicole Blumenstein, MD Candidate 2021, University of Illinois College of Medicine, Illinois

POS31  Implementing the CDC Sexual Health Best Practices to Reduce STDs and Teenage Pregnancy Rates: Post-implementation Phase
Nadia A. Fayoumi, B.S., M3 (Class of 2021), University of Illinois College of Medicine at Peoria (UICOMP), Dept. of Family and Community Medicine, Illinois

POS32  The prevalence of ACEs by gender in individuals seeking substance abuse and addiction recovery
Melissa Folstad (Medical Student - MS3) Medical College of Wisconsin Central Wisconsin, Wisconsin

POS33  Understanding Barriers to Healthcare in a Vulnerable Population in Dane County, WI
Logan Yeager, BS, University of Wisconsin School of Medicine and Public Health Department of Family Medicine and Community Health Wisconsin

POS34  Assessment of food insecurity using USDA 6-item survey questionnaire- in outpatient population visiting a family medicine clinic in Peoria, IL.
Angela Delano, M4, University of Illinois College of Medicine at Peoria (UICOMP) Dept. of Family and Community Medicine, Illinois

POS35  United Way Senior Wellness Program and its Effect on the Health of the Aging Population
Catie Anderson, B.S., Medical College of Wisconsin Medical School, Wisconsin

POS36  Youth Perspective of the Barriers and Enablers to Helmet Use and Safety
Megan Conlon, BA, MS, MD Candidate 2020, University of Minnesota Department of Medicine Minnesota
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10:10 – 11:10 am  Workshops (4 concurrent)
Rm 101a  Three Common Skin Biopsy Techniques: A Hands-On Workshop
Alicia Milan-Flanigan, MD, Amita Health Saints Mary and Elizabeth Medical Center Chicago Illinois

Rm 101b  Introduction to Osteopathic Manipulative Treatment for Allopathic Physicians
Katie Swanson, DO, University of Minnesota, Minnesota

Rm 101c  Cyst Removal Workshop
Alap Shah, MD AMITA Health La Grange Family Medicine Residency, Illinois

Rm 162  Race, Implicit Bias and Healthcare: Learning to Stand Together through Dialogue Indiana
Aria Arrizabalaga, MD, Community Health Network

11:20 am – 12:20pm  Workshops (4 concurrent)
Rm 101a  Hands-On, Lesions Off: Skin Biopsy Workshop
Lisa Phifer, MD Deaconess Hospital, Indiana

Rm 101b  REPEATED Introduction to Osteopathic Manipulative Treatment for Allopathic Physicians
Katie Swanson, DO, University of Minnesota

Rm 101c  REPEATED Cyst Removal Workshop
Alap Shah, MD AMITA Health La Grange Family Medicine Residency, Illinois

Rm 162  Office Based Manual Vacuum Aspiration for Uterine Evacuation aka: Papaya Workshop
Kristie Monast, MS Ed Illinois

12:30pm  Pre-Med Student Mentoring Luncheon    Dining Rm 161 a/b

1:30- 2:30 pm  Host & Planning Committee Wrap-up meeting    Rm 164