



# Sideline Care of the Young Athlete Training Course

April 6, 2019

American Academy of Pediatrics  
Headquarters  
Itasca, IL

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\*Continuing Professional Development



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American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®



# Sideline Care of the Young Athlete Training Course

This one-day course will provide guidance to medical professionals providing sideline care to the young athlete between the ages of 5-18 years of age. Participants will learn key elements for developing an emergency action plan, equipment to have onsite, medico-legal issues, concussion management, treatment of common on-field injuries and return-to-learn protocol.

## Course Objectives

Participant of this course will learn the following:

- Know the important elements of a venue-specific emergency action plan
- Know the most important equipment to have available on the sideline when covering a sporting event
- Understand the medico-legal issues associated with providing medical coverage of a sport event
- Know when an events should be cancelled or delayed due to severe weather
- Understand the basics of sport-related concussion management
- Know the pathophysiology and return-to-play decision-making process related to sport-related brachial plexopathy (stingers and burners)
- Know how to reduce and protect common fractures and dislocations
- Know how to manage common medical emergencies outside of the hospital
- Know the epidemiology of sudden cardiac death in athletes
- Understand that team physicians often make medical decisions with incomplete information

## **\*REGISTRATION**

*Participation via video conference is available (fees are the same).*

Using your Visa, MasterCard, American Express, or Discover, you can register online at [shop.aap.org](http://shop.aap.org), or call toll-free 866|843-2271. Outside the United State and Canada, call 630|626-6000, option 3. Please have your credit card and concurrent session selections ready prior to calling.

- ◆ Medical Student | Resident | Post-residency Training Fellow - \$100
- ◆ Physician | Allied Health Professional | Other Participant - \$200

*\*No cancellation refunds will be given after March 6, 2019. Refunds given between February 23-March 5 will be charged a \$50 administrative fee, which will be refunded after the course. Full refunds will be given before February 22, 2019. Cancellation requests must be sent in writing to [registration@aap.org](mailto:registration@aap.org).*

# Sideline Care of the Young Athlete Training Course

## Faculty, Schedule Changes, and Important Updates

Faculty and schedule information included in this brochure is accurate as of October 2018. Faculty and schedules are subject to change to accommodate emergency situations. Visit [Shop.aap.org/live-activities](http://Shop.aap.org/live-activities) for faculty and schedule changes as well as other important dates.

## Continuing Medical Education Credit

- The American Academy of Pediatrics (AAP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.
- The AAP designates this Other activity (Sideline Care for the Young Athlete Training Course) for a maximum of 6.5 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- Successful completion of this CME activity, which includes participation in the activity and individual assessment of and feedback to the learner, enables the learner to earn up to 6.5 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.
- This activity is acceptable for a maximum of 6.5 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.
- PAs may claim a maximum of 6.5 Category 1 credits for completing this activity. NCCPA accepts AMA PRA Category 1 Credit<sup>™</sup> from organizations accredited by ACCME or a recognized state medical society.
- This program is accredited for 6.5 NAPNAP CE contact hours of which 0 contain pharmacology (Rx) content, (0 related to psychopharmacology) (0 related to controlled substances), per the National Association of Pediatric Nurse Practitioners (NAPNAP) Continuing Education Guidelines.

## Disclosure of Financial Relationships and Resolution of Conflicts of Interest

The AAP Policy on Disclosure of Financial Relationships and Resolution of Conflicts of Interest is designated to ensure quality, objective, balanced, scientifically rigorous AAP CME activities. All individuals in a position to influence and/or control the content of AAP CME activities are required to disclose to the AAP and subsequent learners that they either have no relevant financial relationships or any financial relationships with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in CME activities. All potential conflicts of interest are identified and resolved prior to an individual's confirmation of service at an AAP CME activity. Beyond disclosure of financial relationships, AAP CME faculty are required to disclose to the AAP and to learners when they plan to discuss or demonstrate pharmaceuticals and/or medical devices and/or medical or surgical procedures that involve "off-label" use of a device or pharmaceutical. The AAP is committed to providing learners with commercially unbiased CME activities.

*The content of this CME activity does not necessarily reflect the views or policies of the AAP.*

# Sideline Care of the Young Athlete Training Course Agenda

Time	Topic	Faculty
7:00-8:00am	Registration Opens	
8:00-8:15am	Introduction & Welcome	Andrew Peterson, MD Cynthia LaBella, MD
8:15-10:30am	<u>Teams Physician 101</u> <ul style="list-style-type: none"> <li>• Emergency Action Plans</li> <li>• What Should I Have in my Sideline Bag?</li> <li>• Medicolegal Aspects of Sports Coverage</li> <li>• Severe Weather</li> <li>• Trauma and Transport</li> <li>• Role of the ATC</li> <li>• Game Day Decision Making– Who Can Keep Playing</li> </ul>	Jeff Mjaanes, MD Alex Diamond, DO Kelsey Logan, MD Poonam Thaker, MD Chris Hogrefe, MD Alison Brooks, MD Cynthia LaBella, MD
10:30-10:45am	Break	
10:45am-12:00pm	<u>On Field Management</u> <ul style="list-style-type: none"> <li>• C Spine Management</li> <li>• Acute Concussion Management</li> <li>• Burners/ Stingers</li> <li>• Acute Dislocation &amp; Fracture Management</li> <li>• Anaphylaxis, Asthma and Other Medical Emergencies</li> <li>• Heat Illness</li> <li>• Sudden Cardiac Arrest</li> </ul>	Kevin Walter, MD Greg Canty, MD Holly Benjamin, MD Brooke Pengel, MD Rebecca Carl, MD Kim Hornbeck, MD
12:00-1:00pm	Lunch Break	
1:00-2:30pm	Sideline Management of Medical Conditions	Chris Hogrefe, MD Poonam Thaker, MD Alex Diamond, DO Kim Hornbeck, MD
2:30-2:45pm	Break	
2:45-4:15pm	The Phone Call— Common Cases on Giving Advice Without Seeing the Child	Kevin Walter, MD Alison Brooks, MD Jeff Mjaanes, MD Holly Benjamin, MD
4:15-4:30pm	Conclusion of Course/ Evaluation	Andy Peterson, MD