## **Additional activities during Family Medicine Midwest**

Support the local community: \( \) You can bring non-perishable food donations for UI-Health Pilsen Food Pantry, which was co-founded by Friday's plenary presenter, Dr. Evelyn Figueroa. Please bring them to the Help Desk. Most requested items are baby diapers, non-perishable, non-expired foods. Cash donations are also welcome. You can sponsor an entire family for just \$6-12 per month. Donate directly online at <a href="https://www.figueroawufamilyfoundation.com/">https://www.figueroawufamilyfoundation.com/</a> or bring donations to the Help Desk.

## **Local restaurant information**

Friday Welcome Reception 5:30 p.m. (Supported by Healthcare Associates Credit Union) Join us for a return to summer at this beach-themed reception, featuring live piano music.

**Sunday morning fun run/walk** Join Kristina Dakis, MD on Sunday morning at 6:30 for a fun Walk-Run - you can choose the 5K or 1.5 mile option. Meet in the Hampton Inn Lobby.

Light rain showers are OK but if there is any snow/ice or lightning we will cancel the run.